

## POST OPERATIVE INSTRUCTIONS

### CROWN PREPARATIONS

1. This tooth/teeth may be sensitive to hot and cold for as long as 90 days. Sensitive to pressure for 2-4 weeks.
2. After the anesthetic wears off, this tooth/teeth could ache for 24-48 hours. If so take whichever analgesic you ordinarily take and are NOT allergic to, such as Aspirin, Tylenol or Ibuprofen. Ibuprofen seems to work the best. (400mg Ibuprofen & 500mg Extra Strength Tylenol can be taken together.)
3. Please note that it is not uncommon for the tooth/teeth to feel fine after the anesthetic wears off and then suddenly ache 1 week or so after the crown preparation. Treat this the same as mentioned above. If the tooth/teeth aches for more than 3-4 days, a root canal maybe necessary. A root canal may also be necessary on any heavily restored tooth or crown at any time in the future.
4. Mechanically this tooth/ teeth are sound, but biologically we cannot predict how this tooth/teeth will react in the future. A root canal is always a possibility with crowned teeth.
5. The gum tissue may be sore for 2-3 days. You may rinse with warm salt water rinses or Peroxyl to help the healing process. You may experience some blisters on the gum tissue or around the tooth/teeth that were prepared today. These are a fairly common occurrence and should disappear in a few days. If they seem to be extreme, call our office.
6. **WHEN FLOSSING, PULL THE FLOSS DOWN AND THROUGH.** Floss threaders and super floss can be used.
7. Chewing normal food is fine. Please avoid chewing anything sticky and/ or hard, such as gum or ice, anything that could pull off or break the temporary crown.
8. **IF YOUR TEMPORARY CROWN BECOMES PERFORATED, LOOSE OR COMES OFF, SAVE THE TEMPORARY AND CALL OUR OFFICE IMMEDIATELY TO HAVE IT RE-CEMENTED. IF IT IS NOT RE-CEMENTED RIGHT AWAY, YOU WILL RISK THE TOOTH SHIFTING, THE**

GUM TISSUE MAY GROW UP OVER THE TOOTH AND THE PERMANENT CROWN MAY NOT FIT.

9. If you are going away for any length of time while the temporary crown is in, let us know in advance so we can use longer lasting adhesive temporary cement.
10. If Dr. Delmonico is away, we usually have at least two dentists covering for him. If the temporary crown comes off, make sure one of the offices re-cements it with temporary cement.
11. If your temporary crown feels high, call our office to have the bite adjusted.
12. Sometimes while taking the impression, we use a whitish material (digestible cellulose) to block out spaces between the teeth. This can be removed with floss and tooth brushing.
13. **\*\*IMPORTANT\*\*** THE TEMPORARY CROWN YOU ARE WEARING IS DESIGNED TO BE WORN FOR A LIMITED AMOUNT OF TIME, 2 MONTHS AT MOST. DURNING THIS TIME PERIOD, THE PERMANENT CROWN WILL BE CONSTRUCTED AT OUR LABORATORY. PLEASE MAKE SURE YOU HAVE AN APPOINTMENT TO HAVE THE PERMANENT CROWN CEMENTED WITHIN THIS TIME PERIOD. IF YOU ARE NOT ABLE TO HAVE THE PERMANENT CROWN CEMENTED WITH IN THIS TIME PERIOD, OUR OFFICE CAN NOT BE RESPONSIBLE FOR ANYTHING THAT MAY HAPPEN TO THE TOOTH UNDERNEATH THE TEMPORARY CROWN. ALSO OUR OFFICE CAN NOT BE HELD RESPONSIBLE FOR THE PERMANET CROWN NOT FITTING, DUE TO HAVING THE TEMPORARY CROWN ON FOR LONGER THAN 4 TO 6 WEEKS. IN MANY OF THESE CASES, NEW IMPRESSIONS NEED TO BE TAKEN AND A NEW CROWN MADE. IF THAT HAPPENS, IT WILL BE THE PATIENTS RESPONSIBILITY TO PAY ADDITIONAL FEES FOR THE TIME AND EXTRA LABORATORY FEES INVOLVED.