

## **POST –OPERATIVE INSTRUCTIONS      BONDING**

### **HOW THE MATERIAL RESPONDS TO BONDING**

1. The material used is color stable, strong and smooth; however we do caution:
  - A. Frequent use of coffee, tea, red wine and/or smoking can lead to staining of the bonding even with proper tooth brushing.
  - B. The material can chip or crack if subjected to excessive forces. Examples: hard candy, ice, pens, pins and nails. Normal chewing is fine.
  - C. If chips and cracks happen, they can usually be repaired. If bonding repeatedly fractures, the tooth involved may need to be crowned to stand up to the stress involved.
  - D. This material will require a redo or touch up sometime in the future depending on normal wear and tear. We expect bonding to last approximately 4-7 years with normal use.
  - E. Use a soft toothbrush and regular toothpaste, nothing too abrasive.
  - F. Continue to floss regularly. This material has a tendency to pick up plaque; therefore, good oral hygiene is very important.
  - G. Color and shade can be modified if you are not satisfied with it.
  - H. Please feel free to contact the office if you have any questions regarding your bonding.