

From the office of Frank E. Delmonico, D.D.S . 401-783-1975

Post-Operative Instructions Bonded Composite Build-Ups

1. This build-up is done with a grainy material. It may not feel very smooth when touched with your tongue.
2. You may chew right away on this tooth.
3. This tooth may be sensitive to hot and cold for as long as 90 days.
4. After the anesthetic wears off, the tooth could ache for 24 - 48 hours. If so, take whichever analgesic you ordinarily take and are NOT allergic to-- such as aspirin, Tylenol or Ibuprofen. Ibuprofen seems to work best. Ask about dosage.

Please note that it is not uncommon for the tooth to feel fine after the anesthetic wears off and suddenly ache 1 week or so after the build-up was done. Treat this the same as mentioned above.

5. This composite restoration has been bonded to the tooth with a chemically cured resin. This resin will seal the composite to the tooth preventing bacterial infiltration and will strengthen the remaining tooth structure rather than weaken it.
6. Mechanically this tooth is sound, but biologically we cannot predict how this tooth will react in the future.
7. This tooth could require a root canal at any time in the future.
8. This is a semi-permanent restoration. A full Porcelain Fused To Gold or Full Gold crown should ideally be placed on this tooth within 1-2 years, assuming that the pulp is in good shape and that the gum tissue is in perfect condition.

9. The gum tissue may be sore for 2 - 3 days. You may rinse with warm salt water rinses or Peroxyl to help the healing process and to relieve any discomfort you may have.

10. This tooth may be sensitive to pressure while chewing for 2 - 4 weeks.

11. Please call the office if your bite seems off after the anesthetic wears off, or if you pack food between teeth.

12. A composite build-up could cause long-term occlusal wear of the opposing teeth. It may also cause supraeruption of the opposing teeth as it wears. There could also be a collapse of the vertical dimension (bite), therefore it should not be left for more than 1 - 2 years uncovered.

13. Please feel free to call the office if you have any questions about your composite build-up or anything else related to this tooth. 401-783-1975